

Family Matters in Warwickshire

What types of difficulty does Family Matters work with?

Family Matters specialises in those problems often seen in babies and younger children.

However, we would consider referrals for older children and are happy to discuss any concerns.

Some of the reasons you might seek a referral include:

- Concerns about early parent/child relationships (bonding / attachment)
- Excessive crying
- Poor sleep
- Faddy eating
- Behaviour problems
- Parenting support
- Problems developing friendships
- Developmental concerns, including social and communication difficulties
- Behaviour management advice and support, post ASD diagnosis
- Toilet training difficulties
- Separation anxiety
- Problems settling into nursery, pre-school or school
- School anxiety
- Other anxieties, such as phobias, worry, panic attacks & social anxiety
- Post-traumatic stress disorder (PTSD)
- Obsessive Compulsive Disorder (OCD)
- Bereavement and loss
- Parental separation issues
- Low mood / depression
- Anger
- Low self esteem
- Psychosomatic issues such as stomach aches and headaches
- Stress management

This is not an exhaustive list. If your concern is not here then please do still get in touch. It may be appropriate for us to get involved or we may be able to direct you elsewhere.